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# To identify a prevalence of suicide attempt and treatment, clinical, sociodemographic and epidemiological profile of adolescents

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### ABSTRACT

**Introduction:** It is estimated that for each suicide, there are 10 to 20 attempts that often leave a high sequelae rate in the health and physical incapacity of the individuals who cannot achieve it. Currently, there is a greater concern regarding some age groups, such as adolescence, the risk classification in about one third of the countries. **Objectives:** To identify a prevalence of suicide attempt and treatment, clinical, sociodemographic and epidemiological profile of adolescents involved in this picture. **Methodology:** A cross-sectional, descriptive and retrospective study about suicide attempt in adolescents from the metropolitan region of Recife and attended at an outpatient clinic specialized in Hebiatrics in the city of Recife, Pernambuco, between May 2016 and August 2017. **Results and Discussion:** 8% of the patients attempted suicide, these being more females. As motivation were reported: depression, bullying/stress, dissatisfaction with the body and parents' anger were reported. The majority reported religious practice and was embedded in youth groups. **Conclusion:** Despite the restricted sampling, a prevalence of attempted suicide among adolescents was published in other countries. A family situation is still worrying if there are internal disorders. The insertion of the young person into daily activities is essential for the reduction of suicide attempts.

**Keywords:** Adolescent, Prevalence, Suicide attempt

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