



International Journal of Communications and Networks (DOI:10.28933/IJCN)



Challenges in patient care assistance in palliative care

Barbosa, S.L.E.S¹; Vasconcelos, L.G²; Carvalho, D.N³; Alves, I.D.OG⁴; Santana, M.J.S⁵; Passos, P.M⁶

1Enfermeira Residente do Programa de Saúde do Adulto e do Idoso no Hospital Universitário de Aracaju; 2 Assistente Social Residente do Programa de Saúde do Adulto e do Idoso no Hospital Universitário de Aracaju; 3 Fonoaudiólogo Residente do Programa de Saúde do Adulto e do Idoso no Hospital Universitário de Aracaju; 4Nutricionista Residente do Programa de Saúde do Adulto e do Idoso no Hospital Universitário de Aracaju; 5Fisioterapeuta Residente do Programa de Saúde do Adulto e do Idoso no Hospital Universitário de Aracaju 6 Psicóloga Residente do Programa de Saúde do Adulto e do Idoso no Hospital Universitário de Aracaju

ABSTRACT

Introduction: Palliative care is an approach to improve the quality of life of patients and their families facing a life-threatening illness.¹ To achieve this goal, the interdisciplinary team needs to work in the process of mourning, prevention and relief of suffering, impeccable treatment of pain and other symptoms, be they physical, psychosocial and spiritual. It is a complex approach and needs a strengthened health care team that provides holistic care without value judgments, respecting the diverse beliefs and ways of coping with illness. **Objective:** To describe the experience of a resident nurse within the multidisciplinary team in the care of a patient in palliative care. **Methodology:** This is an experience report of a resident nurse during the assistance to palliative care in the inpatient unit of a university hospital in northeastern Brazil. The nurse worked with a multiprofessional team, in the first year of residence, consisting of psychologist, physiotherapist, speech therapist, nutritionist, pharmacist, social worker and dentist. **Results and Discussion:** There were several challenges encountered during the care, noting: The non-existence of a specialized team in palliative care or guidelines of the institution to conduct the case; Insecurity and inexperience of the professionals who make up the team, newly graduated for the most part and in the first year of residence; Inefficient communication between the interdisciplinary team, making it extremely difficult to make decisions regarding the establishment of palliative care and specific procedures for the case; and finally, difficulty empower the family for decision-making. **Conclusion:** It is necessary, in this way, to promote discussions and / or training on the subject, to make the population aware of palliative care, to establish guidelines and protocols for conducting cases, and especially to improve communication among medical, multidisciplinary and family teams, so that decisions are made in a shared way.

Keywords: Palliative care, patient care team and quality of life

*Correspondence to Author:

Barbosa, S.L.E.S

Enfermeira Residente do Programa de Saúde do Adulto e do Idoso no Hospital Universitário de Aracaju

How to cite this article:

Barbosa, S.L.E.S; Vasconcelos, L.G; Carvalho, D.N; Alves, I.D.OG; Santana, M.J.S; Passos, P.M. Challenges in patient care assistance in palliative care An experience report. International Journal of Communications and Networks, 2018, 1:2

 eSciPub
eSciPub LLC, Houston, TX USA.
Website: <http://escipub.com/>