



American Journal of Basic and Applied Sciences (DOI:10.28933/AJBAS)



Alzheimer: a challenge for assistance and the role of nurse educators

Araújo M.G¹, Cruz Júnior A.A², Macedo J.M.Q.³, Lima M.E.A⁴, Menezes R.S⁵, Medeiros J.P⁶

1,2,3,4,5Estudante do Curso de Enfermagem – UFPE; 6Doutora em Ciência Veterinária, Professora Adjunta do Departamento de Histologia e Embriologia – UFPE

ABSTRACT

Introduction: The incidence of Alzheimer's disease (AD) has increased worldwide as the population over 65 years old increases. According to Alzheimer's disease this disease is a type of dementia that affects 35.6 million people worldwide. Although educating and assisting are really important, when it comes to a degenerative disease in which the patient has difficulty acting on his own behalf, it becomes arduous the educational and care procedures aimed at the care recipient and their families. **Objectives:** to verify the main challenges of the educator and care role of the patient without development of Alzheimer's disease. **Metrology:** For an elaboration of the review was carried out for the literature in the SciELO (Online Electronic Scientific Library) database using nursing and Alzheimer's disease. Applying the cut of the last 3 years (2015-2017), 11 were found which composes the bibliographic review. **Results and Discussions:** There was a shortage of medical care instruments in AD by nurses. Consequently, the lack of clarification for family members regarding continuity of care is evident, since it is essential or estimated cognitive by the family, in order to make patients independent. This in fact emphasizes the role of nurse educator in elucidating family members about the practice of care and the development of the disease. **Conclusion:** Associating cognitive stimulation with drug treatment and possible attenuation as sequelae of the disease. Activities such as manual practices, reading, dancing, identification of objects and temporal orientation, can awaken greater stability. Thus, the nursing professional favors the quality of life of the patients; therefore, it minimizes the difficulties of the caregivers.

*Correspondence to Author:

Araújo M.G

Estudante do Curso de Enfermagem – UFPE

How to cite this article:

Araújo M.G, Cruz Júnior A.A, Macedo J.M.Q, Lima M.E.A, Menezes R.S, Medeiros J.P. Alzheimer: a challenge for assistance and the role of nurse educators. American Journal of Basic and Applied Sciences, 2018, 1:2



eSciPub LLC, Houston, TX USA.

Website: <http://escipub.com/>

Keywords: Alzheimer's disease; Caregivers; Nursing