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# The familiar relationship of adolescents in situation of social vulnerability

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### ABSTRACT

Introduction: Adolescence is a stage of human development marked by intense transformations, causing vulnerability to mental health issues in many adolescents. One of the risk factors for this to happen is the familiar relationship in which the adolescent is inserted. Objective: In face of this, the study aimed to study the familiar relationship of adolescents in situation of social vulnerability. Metodology: This is a descriptive, cross-sectional study, with quantitative analysis of data. 21 adolescents, from both sexes, from 10 to 16 years were part of the study. Results and Discussion: Data was collected through a socioeconomic questionnaire, the Escala de Exigência e Responsividade, known as Ecomapa. Results showed that the adolescents boys hold a strong relationship with their parents, the girls, had the opposite response, relating a greater effort from themselves to the relationship. The girls showed a higher level of exigence, while the boys showed responsiveness. Conclusion: The predominant parental model was the negligent, revealing the necessity of a greater investment from parents for their children, with dialogic approach, stimulating autonomy and interactivity.

**Keywords:** Adolescent; Familiar Relationship; Social Vulnerability.

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