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Nursing Care to an Elderly Victim of Left Femoral Fracture

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ABSTRACT

Introduction: Femoral fractures are common in the geriatric population, representing the 2nd largest cause of hospitalizations in these individuals. They occur due to traumas of low intensity and present high late morbimortality. Projections indicate that by 2050, six million people will be affected. **Objective:** To describe the experience of nursing care to an elderly victim of left femoral fracture. **Methodology:** This was a descriptive study, of the case report type. The scenario was the emergence of a hospital located in Recife in January 2017. A care plan was elaborated based on the nursing diagnoses survey Proposed by the taxonomy of NANDA international. **Results:** The main diagnoses were: anxiety, acute pain, risk of infection, risk of impaired skin integrity, impaired sleep pattern, impaired physical mobility, impaired self-care and impaired gas exchange. **Conclusion:** The identification of nursing diagnoses favors nursing care, since the care becomes directed, thus promoting the reduction of the diseases and improvement of the patient.

Keywords: Elderly; Diagnostics; Nursing care; Fractures of the femur

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