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Demographic aspects of elderly people living with HIV/AIDS in brazil: a literature review

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ABSTRACT

Introduction: Population aging is a fast-paced world phenomenon that causes profound consequences for societies. Sexuality is part of the life of any individual at any age, but, when related to the elderly population, it is surrounded by myths and beliefs. Active sexual activity brings benefits to maintaining their quality of life, but also makes them vulnerable to sexually transmitted diseases. Objective: To determine the demographic profile of elderly people living with HIV/AIDS in Brazil, based on a bibliographical survey. Methodology: This is a research of type bibliographic review carried out in the SciELO database. Were considered as inclusion criteria: complete scientific articles, in the Portuguese language, published in the period from 2011 to 2015, that presented in the title some of the descriptors: elderly, sexuality, Aids, and in their results they approached demographic data (sex, age, skin color, years of study, and marital status) of the participants. Results and Discussion: A total of 178 articles were found, of which 10 were selected for review, since the others did not present detailed demographic data of the participants, were duplicates and did not fit the other inclusion criteria. It was observed that the demographic profile of the elderly infected with HIV/AIDS in Brazil is predominantly male, aged 60 years and over, white in color and less than 8 years of schooling. There was no difference in marital status. Conclusion: It is observed that HIV/AIDS infection do not present age among the elderly and no specific civil status and there is a greater vulnerability of infection among men and among individuals with low level of schooling, which makes essential the care in health and investment of actions that focus the sexuality in these individuals who are in the process of aging.

Keywords: AIDS; Elderly; Sexuality

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