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To improve the communication between companion and patient, companion and team

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ABSTRACT

Introduction: Multidisciplinary intervention with a group of followers of the oncology ward of a school hospital in Recife. During the internment, the anxieties that emerge are broad and complex, permeated by intense feelings like fear, insecurity, anger, revolt and sadness. This symptomatology is natural from the moment of crisis, rupture, (re) adaptation, which exposes the human being in his greatest weaknesses, anxieties and anxieties. **Objectives:** To provide a space of collective care through the exchange of experience, expression and resignification; to improve the communication between companion and patient, companion and team; provide information and guidance that facilitates the organization of the care routine. **Methodology:** The meeting took place weekly from the invitation made by the team. The group started with the presentation of the facilitators and then the presentation of the companions who said their name, the patient who was accompanying and had some degree of kinship with the same. This group was open, heterogeneous, educational and therapeutic, depending on the demand brought by the companions during the individual visits during the week. **Results:** Emotional strengthening of the rights and duties of the companions, and choice of coping strategies more effective. **Conclusion:** Extended and interdisciplinary care based on the knowledge of the needs of the companions for better patient care.

Keywords: companions, therapeutic group, communication.

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