



Health Education Under a Panoramic Approach to AIDS Prevention in Adolescents: a Review

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ABSTRACT

Introduction: The HIV / AIDS epidemic is a worldwide reality. Vertical transmission and risky sexual practices in adolescents represent the main factors related to transmission. In Brazil, 2,972 cases were registered between 10 and 14 years of age, and 14,526, between 15 and 19 years of age in 2014. In this scenario, health education presents as an essential method to prevent these occurrences, making nurses a transformative agent in epidemiological characteristics presented. **Objective:** to characterize health education as a nursing tool in the prevention of HIV / AIDS from an integral perspective. **Method:** integrative literature review. We include studies with integral text in Portuguese, English and Spanish published in the period of 10 years, indexed in the databases: Lilacs, Medline, BDNF related to the thematic axis according to the optics of the authors. It carried out the research in the bases through the VHL using the intersection of the Descriptors in Health Sciences (DECS) adapted the URSI form in the construction of the results. The articles were organized by year of publication and classified by levels of evidence between VI, analyzed by 2 different evaluators, achieving agreement in the classification and I. **Results and discussion:** After the analysis and synthesis of the data, the selected articles were separated into thematic categories, arranged in tables. The repercussions on the health of adolescents resulting from HIV infection are caused by some biological and psychosocial aspects, and prevention becomes the effective method of changing this process. **Conclusion:** Health education is an instrument of nursing care capable of contributing to the prevention of HIV infection in adolescents, reducing the consequences generated by the virus in biopsychosocial development.

Keywords: Health education, Nursing, Adolescents, Acquired Immunodeficiency Syndrome

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