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Challenge in the Psychologist Performance in Relation to Renal Patient on Hemodialysis: Experience Report

Thomaz, L.A.E¹, Accioly, C.C², Albuquerque, E.N³, Osório, M.O⁴, Behar, J.N.P⁵

¹Student of Psychologist at the Faculdade Pernambucana de Saúde; ^{2,3,4}Psychologist of the Instituto de Medicina Integral Professor Fernando Figueira - IMIP, tutor of the Course of Psychology of the Faculdade Pernambucana de Saúde - FPS, ⁵Psychologist of the Instituto de Medicina Integral Professor Fernando Figueira – IMIP.

ABSTRACT

Introduction: The chronic kidney failure is considered a public health problem, since it has high morbidity and mortality rates. This shortcoming is the result of the impairment of renal function, which can lead to the substitutive therapies to the kidneys. Among them, it is noteworthy that the hemodialysis patient demands adjustments to physical, social, psychological, and points to possibilities of contribution of the psychologist in this scenario, and offering psychological support to minimize suffering, fears and fantasies, favoring the positive adaptation and well-being of the patients. **Objective:** to reflect on the challenges in the actions of the psychologist in the context of chronic renal disease in hemodialysis, from report of the internship experience in service of renal substitutive therapy. **Methodology:** an experience report. **Results and Discussion:** the curricular internship has experience in the sector of dialysis, lets you know the characterization of chronic kidney disease and its possible repercussions on the life of the biopsychosocial subject, which are quite specific, requiring psychology trainee personalize care for patients in hemodialysis. That happens because the experience of each patient is unique and it is to be attentive to this subject that falls ill and not the disease of the subject itself. Therefore, the practice of psychology in this reality behind various challenges to professionals, some of them are: need to individualize the care, respect the biopsychosocial difficulties, help the subject in the understanding of yourself, establish a therapeutic alliance, stimulate the patient's capacity to adapt and contribute to the rescue of the meaning of life. **Conclusion:** Is highlighted the contribution of psychology in the context of chronic renal disease. Is observed that the psychological care in this clinical condition enables the psychic reorganization, understanding of the diagnosis, the greater adherence to treatment, stimulating the emergence of coping strategies, encourage the autonomy and provide quality of life for patients with chronic renal insufficiency.

Keywords:

Chronic Kidney failure, Psychology, Renal Dialysis

*Correspondence to Author:

Thomaz, L.A.E

Student of Psychologist at the Faculdade Pernambucana de Saúde

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