In Vivo effects of dosage of leaf, bark and root extracts of V. paradoxa on diarhoea-induced albino rats

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ABSTRACT
In vivo study of different dosages (50mg/kg and 100mg/kg) of various solvent extracts (water, methanol, omidun and sterile omidun) of Leaf, Root and Bark of Vitellaria paradoxa were examined on male and female albino rats induced with diarrhoea-causing microorganisms (Enterohaemorrhagic Escherichia coli (EHEC ATCC 43889), Enteropathogenic Escherichia coli (EPEC ATCC 43887), Salmonella typhi, and Escherichia coli ATCC 25922). The rats were randomly assigned into four groups (A-D), group A rats infected with Enteropathogenic Escherichia coli (EPEC ATCC 43887) and later treated with ciprofloxacin, group B rats were infected with EPEC only, group C rats were infected with EPEC and treated with 50mg/kg concentration of methanol extract of leaf of V. paradoxa, while group D rats were not infected nor treated. The procedure was repeated for other test diarrhoea-causing microorganisms and 100mg/kg concentrations of all the solvent extracts of root and bark respectively. The rats were observed hourly for six hours for the presence or absence of diarrhoea. Haematological studies was conducted on the blood samples of the rats. All extracts of V. paradoxa have anti-diarrhoea effect at both concentrations tested against all the tested diarrhoeagenic bacteria. Although the type of diarrhoea-inducing microorganisms did not significantly affect the activity of the plant parts and 50mg/ml concentration of water extract exhibited more significant reduction in diarrhoea symptoms than 100mg/ml concentration of other solvent extracts. Bark and leaf extracts of V. paradoxa was also more effective at reducing symptoms of diarrhoea in the experimental rats than root extracts. Levels of the major blood parameters (White Blood Cell, Red Blood Cell, Haemoglobin and Packed Cell Volume) were not significantly different (P>0.05) among the rats treated with the plant parts but slightly higher in rats treated with bark, followed by root and leaves.

Keywords: Omidun, Vitellaria paradoxa, Diarrhoeagenic
Introduction
Medicinal plants would be the best source to obtain a variety of drugs probably due to presence of various complex chemical substance of different composition, which are found as secondary plant metabolites in one or more parts of these plants (Kumar et al., 2010). This drives the need to screen medicinal plants for novel bioactive compounds as plant based drugs are biodegradable, safe and have fewer side effects (Govindaraji et al., 2008). There are many forms in which herbs can be administered, the most common of which is in the form of a liquid that is drunk by the patient, either a tisane or a (possibly diluted) plant extract (Saad et al., 2011). Many researchers reported influence of different extraction solvents and techniques on the content of natural antioxidants in extracts (Michelis et al., 2012).

*Vitellaria paradoxa* (Sapotaceae) is a plant that is locally abundant in Nigeria in the derived Savannah zones (12°00′N, 8°31′E) particularly near towns and villages. It is rich in oil and replaces the oil palm as a source of edible oil in Northern Nigeria (Lamien et al., 2007). In Africa where the species occurs, the fruit pulp can be eaten by both humans and manufacturing body care products as well as pharmaceutical and confectionery industries (Awoleye, 1995; Kelly et al., 2004). The seed fat is used for cooking, in lighting of lamps, in soap and pomade preparations as well as for medicinal purposes (ICRA, 2000; Popoola and Tee, 2001). Other plant parts have been credited with various medicinal uses (Collinson and Zewdie-Bosuener, 1999).

Collinson and Zewdie-Bosuener (1999) and Ndukwe et al., (2001) variously reported works on this plant which focused essentially on the fruit, kernel, seed and the fat from the seed. Study conducted by Abubakar et al. (2013) also revealed that methanol stem bark extract *Vitellaria paradoxa* may possess anti diarrhoeal property. Phytochemical screening of the stem bark of *V. paradoxa* revealed the presence of carbohydrates, alkaloids, saponins, tanins and cardiac glycosided (Collinson and Zewdie-Bosuener, 1999).

Hence, this study seeks to further investigate the traditional use of the liquid obtained from soaking the bark, leaves and roots of *V. paradoxa* in water and other solvents (methanol, non-sterile *omidun* and sterile *omidun*) to treat ailments associated with diarrhoea by specifically checking whether each of the solution has protective effects on some bacteria that cause diarrhoea and to know whether the variety of solvents used in extracting the plant parts have any effect on the efficacy of different parts of *Vitellaria paradoxa* through *In vivo* assay.

Materials and Methods
Test microorganisms
The diarrhoeagenic bacteria used for this study were clinical isolate (*Salmonella typhi*) obtained from Sacred Heart Hospital Lantoro, Abeokuta Nigeria and typed culture Enteropathogenic *Escherichia coli* (EPEC ATCC 43887), Enterohaemorrhagic *Escherichia coli* (EHEC ATCC 43889) *Escherichia coli* ATCC 25922 obtained from National institute of medical research, Yaba Lagos Nigeria. The organisms were subjected to cultural and morphological identification and finally biochemical characterization using protocols described by Cheesbrough (2002). Pure cultures of the isolates were maintained on appropriate media for future use.

Experimental Animal
The experimental animal used in this study were albino rats (weighing between 180 – 220g), which were purchased from the Animal House University of Ibadan Nigeria. The rats were acclimatized to standard laboratory conditions (temperature 24 ± 1°C and a 12 hours photoperiod), hygienically fed twice daily with standard commercial feeds (Vital Feeds, Nigeria) and sterile distilled water *ad libitum* for one week before the commencement of the experiment.

Ethical Considerations
Albino rats used for this research were appropriately selected. Rats were kept in Laboratory cages and maintained according to the NIH guidelines of care and use of laboratory Animals published by Saha et al. (2001) while standards of the animal care and administration met those required by applicable international laws and regulations. Painful procedures were performed under anesthesia to avoid distress and pain (Naderi et al., 2012) to the albino rats.

Collection and Preparation of Plant Materials
The plant materials used for this study were leaf, bark and root of *Vitellaria paradoxa* (Shea butter tree). The plant materials were collected from Onipako village in Ilorin, Kwara State of Nigeria, confirmed by local farmers and further identified (Identification Number: UAHA NO. 015/001) and authenticated in the Herbarium Laboratory of the Department of Forestry and Wildlife Management, Federal University of Agriculture, Abeokuta. The collected Plant materials were washed with sterile water and dried under shade; they were reduced into small pieces with a surface-sterilized scalpel before milling with a separate electric blender (Model Marlex) for each plant part.

Extraction Procedures
A quantity (150 g) of the fine powder of the leaf was each weighed into four 1000 mL capacity conical flask and 500 ml methanol, sterile distilled water, sterile *omidun* and non-sterile *omidun* was added to powder in a conical flask respectively. This procedure was repeated for the root and bark samples to give a total of twelve (12) 1000ml capacity conical flasks. Each was allowed to stand for 48 hours with constant shaking at regular intervals to facilitate extraction (Otimenyin et al., 2008). The percolates were then filtered and the resulting volume on filtration was reduced to dryness with a Rotary evaporator (RE 100 – Pro) at 45 ± 10°C. The extracts were then collected, weighed, packed in sterile air tight containers and labeled. They were kept in the refrigerator at 4°C until needed for analysis.

In Vivo antimicrobial assay
The albino rats were weighed prior to the experiment and denied access to food for 24 hours before commencement of the experimental procedures, but were allowed free access to sterile distilled water. The rats were randomly divided into 5 groups A-E of 5 rats each and fed as follows; Group A ciprofloxacin and organism, group B organism only, group C organism and different extract, group D sterile distilled water extract only and group E received nothing with each rat in group A-C orally given 0.5ml of 18 hour broth culture of the test organisms to induce diarrhoea.

Each rat received (oral) 0.5ml of 18-hr broth culture of the test organisms to induce diarrhoea respectively. Thirty minutes later, all groups A-D were intraperitoneal treated as follows: Group A received 2mls of commercially prepared ciprofloxacin, two subgroups of C received 2mls of 50mg/kg and 100mg/kg of different extracts of the plant parts respectively, group D received 2mls sterile distilled water extracts of the plant parts only, while group B. The treatment was repeated for each of the 5 test organisms. The treated rats were then placed in separate cages over clean white paper and observed for the presence of diarrhoea every one hour for six hours for the onset of diarrhoea and number of diarrhoea episodes. Absence or reduction in number of lose stool was recorded as a protection from diarrhoea (Bibitha et al., 2002).

Results
Effect of solvent extracts of leaf, bark and root of *V. paradoxa* on diarrhoea-induced rats
Figure (1) below shows the effect of treatment with different concentrations of various solvent extracts of leaf, root and bark of *V. paradoxa* on diarrhoea of rats with diarrhoeaogenic bacteria. Treatments with 50mg/mL concentrations of *omidun* extracts of the leaf, root and bark of *V. paradoxa* revealed that seven out of the rats treated with leaf extracts showed diarrhoea symptom, eight out of
the rats treated with root extracts showed diarrhoea symptom and four out of the rats treated with bark extracts showed diarrhoea symptom. Also, treatments with 50mg/mL concentrations of sterile omidun extracts of the leaf, root and bark of *V. paradoxa* revealed that four out of the rats treated with leaf extracts showed diarrhoea symptom, five out of the rats treated with root extracts showed diarrhoea symptom and six out of the rats treated with bark extracts showed diarrhoea symptom.

But with 50mg/mL concentrations of methanol extracts of the leaf, root and bark of *V. paradoxa* revealed that four out of the rats treated with leaf extracts showed diarrhoea symptom, two out of the rats treated with root extracts showed diarrhoea symptom and one out of the rats treated with bark extracts showed diarrhoea symptom. Treatments with 50mg/mL concentrations of water extracts of the leaf, root and bark of *V. paradoxa* revealed that one out of the rats treated with leaf extracts showed diarrhoea symptom, three out of the rats treated with root extracts showed diarrhoea symptom and two out of the rats treated with bark extracts showed diarrhoea symptom.

Also, treatments with 100mg/mL concentrations of omidun extracts of the leaf, root and bark of *V. paradoxa* revealed that seven out of the rats treated with leaf extracts showed diarrhoea symptom, nine out of the rats treated with root extracts showed diarrhoea symptom and six out of the rats treated with bark extracts showed diarrhoea symptom. Treatments with 100mg/mL concentrations of sterile omidun extracts of the leaf, root and bark of *V. paradoxa* revealed that two out of the rats treated with leaf extracts showed diarrhoea symptom, seven out of the rats treated with root extracts showed diarrhoea symptom and six out of the rats treated with bark extracts showed diarrhoea symptom.

However, treatment with 100mg/mL concentrations of methanol extracts of the leaf, root and bark of *V. paradoxa* revealed that five out of the rats treated with leaf extracts showed diarrhoea symptom, three out of the rats treated with root extracts showed diarrhoea symptom and seven out of the rats treated with bark extracts showed diarrhoea symptom. Treatments with 100mg/mL concentrations of water extracts of the leaf, root and bark of *V. paradoxa* revealed that four out of the rats treated with leaf extracts showed diarrhoea symptom, eight out of the rats treated with root extracts showed diarrhoea symptom and four out of the rats treated with bark extracts showed diarrhoea symptom.

### General Percentage Protection of Rats from Diarrhoea Inducing Bacteria Tested with Omidun extracts of leaf, bark and root of *V. paradoxa*

Figure 2 shows the percentage protection from diarrhoea in diarrhoea induced rats treated with omidun extracts of leaf, bark and root of *V. paradoxa*. The result obtained from treatments with different concentrations (50mg/mL and 100mg/mL concentrations) of these extracts revealed that the various extracts of omidun conferred protection on rats that had been induced with some diarrhoea microorganisms. The leaf extract conferred the highest protection from diarrhoea (38%), this was followed by the bark extract (33%) and the least protection (29%) was conferred by the root extract.

### General Percentage Protection of Rats from Diarrhoea Inducing Bacteria Tested with Methanol extracts of leaf, bark and root of *V. paradoxa*

Figure 3 shows the percentage protection from diarrhoea in diarrhoea induced rats treated with methanol extracts of leaf, bark and root of *V. paradoxa*. The result obtained from treatments with different concentrations (50mg/mL and 100mg/mL concentrations) of these extracts revealed that the various extracts of methanol conferred protection on rats that had been induced with some diarrhoea microorganisms. The root extract of methanol conferred the highest protection from diarrhoea (35%), this was followed by the bark extract of
methanol (33%) and the least protection (32%) was conferred by the leaf extract of methanol.

**General Percentage Protection of Rats from diarrhoea Inducing Bacteria Tested with Sterile Omidun extracts of leaf, bark and root of V. paradoxa**

Figure 4 shows the percentage protection from diarrhoea in diarrhoea induced rats treated with sterile omidun extracts of leaf, bark and root of V. paradoxa. The result obtained from treatments with different concentrations (50mg/mL and 100mg/mL concentrations) of these extracts revealed that the various extracts of sterile omidun conferred percentage protection on rats that had been induced with some diarrhoea causing microorganisms. The leaf extract of sterile omidun conferred the highest protection from diarrhoea (40%), this was followed by the bark extract of sterile omidun (32%) and the least protection (28%) was conferred by the root extract of sterile omidun.

**General Percentage Protection of Rats from diarrhoea Inducing Bacteria Tested with Water extracts of leaf, bark and root of V. paradoxa**

Figure 5 shows the percentage protection from diarrhoea in diarrhoea induced rats treated with sterile omidun extracts of leaf, bark and root of V. paradoxa. The result obtained from treatments with different concentrations (50mg/mL and 100mg/mL concentrations) of these extracts revealed that the various extracts of sterile omidun conferred percentage protection on rats that had been induced with some diarrhoea causing microorganisms. However, the leaf extract of sterile omidun conferred the highest protection from diarrhoea (35%), this was followed by the root extract of sterile omidun (33%) and the least protection (32%) was conferred by the bark extract of sterile omidun.

**Summary of effects of root, leaf and bark of V. paradoxa on major blood Parameters of Experimental Albino Rats**

Summarily, there was no significant difference (P> 0.05) in the effect of root, leaf and bark of V. paradoxa on the major blood parameters of the experimental Albino Rats. Although, level of WBC count was higher in rats treated with bark extracts (5.388), followed by those treated with root extracts (5.289) but was slightly lower in rats treated with leaf extracts (4.808). However, levels of RBC count was significantly different (P< 0.05) in rats treated with leaf, root and bark of V. paradoxa. RBC count in rats treated with bark extracts was 8.758, the count in rats treated with root extracts was 7.693 and lowest count (6.517) in rats treated with leaf extracts. Level of PCV was significantly (P< 0.05) high (569.517) in rats treated with bark extracts, followed by those treated with root and the leaf extracts (319.924% and 316.282% respectively). However, there was significant difference (P<0.05) in the levels of all other parameters (MCV, MCHC, MCH and HGB) in rats treated with leaf, root and bark extracts and commercial antibiotics.
**Figure 2:** General Percentage Protection of Rats from Diarrhoea Inducing Bacteria Tested with Omidun extracts of leaf, bark and root of *V. paradoxa*

**Figure 3:** General Percentage Protection of Rats from diarrhoea Inducing Bacteria Tested with Sterile Omidun extracts of leaf, bark and root of *V. paradoxa*
Figure 4: General Percentage Protection of Rats from diarrhoea Inducing Bacteria Tested with Water extracts of leaf, bark and root of *V. paradoxa*

Table 1: Summary of effects of root, leaf and bark of *V. paradoxa* on major blood Parameters of Experimental Albino Rats

<table>
<thead>
<tr>
<th>Blood Parameters</th>
<th>Root</th>
<th>Leaf</th>
<th>Bark</th>
</tr>
</thead>
<tbody>
<tr>
<td>WBC</td>
<td>5.289a</td>
<td>4.808a</td>
<td>5.388a</td>
</tr>
<tr>
<td>RBC</td>
<td>7.693b</td>
<td>6.517c</td>
<td>8.758a</td>
</tr>
<tr>
<td>HGB</td>
<td>140.925a</td>
<td>137.325a</td>
<td>144.844a</td>
</tr>
<tr>
<td>PCV</td>
<td>319.942b</td>
<td>316.282b</td>
<td>569.517a</td>
</tr>
</tbody>
</table>

Values with different superscript on the same row are significantly different (p< 0.05)

Discussion
The bark extracts of *V. paradoxa* were found most inhibitory, followed by the leaf and finally the root (Figure 1). Also, water extracts reduced diarrhoea episodes more than other solvents of extraction. More of the rats treated with 100mg/ml extract of the plant parts showed diarrhoea symptoms more than those treated with 50mg/ml extracts. This variation in activities of leaf, root and bark extracts of *V. paradoxa* showed that bioactive components are present in varying degrees in the different plant parts and that different plant parts had varied degrees of solubility in various solvents used for their extraction. This result further support the report of Bibitha *et al.* (2002) that variations exist in the antibacterial activities of different plant extracts. On the other hand, the observed variations in the potency of these plant parts were also in conformity with the reports of Duke (1992) and Yusha’u *et al.* (2008) that antibacterial activity may vary from one plant part to another.

In this study, it was observed that methanol and water (Figure 3 and 5) extracts reduced the occurrence of loose stool than other solvent extracts. This difference is attributed to the solubility of the active component in different solvents Karou *et al.* (2007). This may also mean that methanol and water extracted more of active constituents of the leaf, bark and root of *V. paradoxa* which are reported to be antimicrobial in activity (Okwu and Josiah, 2006). Akinpelu *et al.* (2011) also reported the bioactivity of the methanolic crude leaf extract of *D. guineense* on some bacteria.
The antimicrobial activities of these plant extracts may not be due to the action of a single active compound, but the synergistic effect of several compounds that are in minor proportion in the plant parts (Davinco et al., 2007). Furthermore, the observed antimicrobial property of *V. paradoxa* corroborates its use in traditional medicine. The antibacterial activities of these plant extracts against the tested organisms may be due to the presence of bioactive components present in the extract. Ebanu et al. (Ebanu et al., 1999) states that antimicrobial activity in plants results from the bioactive component such as alkaloids, saponins, tannins, anthraquinones, steroids, flavonoids present in the plants.

Major blood parameters of the experimental rats reduced but not significantly (p > 0.05) among blood samples of rats treated with the different parts of *V. paradoxa*. These parameters were slightly higher in rats treated with bark extracts, followed by those treated with root and leaf extracts. Since, White blood cell are significant in fighting infections and defend the body through phagocytosis against invasion by foreign organisms and to produce or at least transport and distribute antibodies in immune response, hence rats that received bark extracts of *V. paradoxa* were able to secrete more antibodies in the process of phagocytosis and adapt to environmental conditions including disease prevalent conditions (Soetan et al., 2013), than those treated with root and leaf extracts. White blood cell are significant in fighting infections and defend the body through phagocytosis against invasion by foreign organisms and to produce or at least transport and distribute antibodies in immune response. Thus, lower WBC counts in rats treated with leaf and root extracts is an indication that the rats were exposed to high risk of infection by the tested microorganisms than the rats treated with bark extracts.

Rats that received root extracts are less likely to develop anaemia due to higher level of Packed Cell Volume (PCV) and haemoglobin (HGB), report states that Packed Cell Volume and haemoglobin are significant in the diagnosis of anaemia (Chineke et al., 2006).

**Conclusion**

The present study revealed that leaf, root and bark extracts of *V. paradoxa* showed antidiarrhoea effects against all the tested diarrhoeagenic bacteria. The study also revealed that the bark extracts conferred more protection from diarrhoea more than the leaf and the root extracts of *Vitellaria paradoxa*.

**Authors’ contributions**

FMB and MOB designed the research, FMB performed the research and wrote the paper. MOB and AMO assisted in the verification of the design and reviewed manuscript. All of the authors made substantial contribution to the success of this work and have been involved in revising the manuscript critically for important intellectual content. All authors read and approved the final manuscript.

**Acknowledgements**

The authors thank the Biological Sciences Department, Federal University of Agriculture Abeokuta.

**Competing interests**

The authors declare that they have no competing interests.

**Consent for publication**

Not applicable.

**Ethic approval and consent to participate**

This work was approved by the department of Microbiology Federal University of Agriculture Abeokuta (FUNAAB), Nigeria.

**Funding**

This study not funded by any individual or bodies, it was self-funded.

**Acknowledgement**

The authors would like to thank Mr Bankole S.O. for his support in executing this research work.

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