



“Spitting as traditional medicine” - why alpha-emitting nanoparticulates make spitting an unfortunate but significant contribution to health

Florent Pirot

independent researcher.

ABSTRACT

Spitting is a human reflex as old as civilization, related, mainly, as is shown, to the evacuation of internal contamination with alpha-emitting nanoparticulates, a contamination with many causes, from car fumes and industrial smokes, coal ashes and cement, radon, phosphated fertilizers, to depleted uranium weapons and natural dust and tap water in areas of high natural radioactivity, as well as cigarettes, for the main sources. Strong levels of coal ash pollution together with high natural radioactivity explain for instance the spitting “custom” in Chinese streets, together with long distances between workplace and home, widespread cigarette use, and lack of public toilets. Alphaemitting nanoparticulates become a part of the digestion cycle in meat-eaters, but not without collateral damage.

Keywords: Spitting; alpha-emitting nanoparticulates; Irritable bowel syndrome; meat eating; digestive diseases; miction control; sphincter control; bowel control

*Correspondence to Author:

Florent Pirot

independent researcher.

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Introduction

Recent findings have allowed to better understand the pituitary gland. These findings have confirmed the validity of the argument that it is a gland specially made for the elimination of alpha-emitting nanoparticulates.

The position of the pituitary gland, indeed, allows to understand the purpose of its presence under the brain.

It allows the body to capture some of the alpha emitting nanoparticulates and excrete them, or alternatively recycle them into the digestion process (for meat eaters who naturally need a contribution of alpha-emitting nanoparticulates for breaking meat pieces, in particular, and other animal products, that the human intestine flora is not made for digesting ^[1]).

Saliva is noted as one of the channels of elimination of internal contamination with radioactive materials in ^[1].

A natural contribution to human health

Spitting alpha-emitting nanoparticulates is a natural way of eliminating them. The brain is a natural accumulator of Cl⁻ ions, is made for Cl⁻ ions accumulation. Excretion through spitting is simply impossible so long the stomach still has meat to digest because the brain privileges the stomach.

The pituitary gland protects the brain and the stomach. Of course the use of alpha-emitting nanoparticulates to accelerate meat digestion leads as well to collateral damage around the bowels and beyond, as alpha decay knows no cellular barrier and alpha-emitting nanoparticulates will cross the walls of the bowels, oesophagus, rectum... to carve their way in the rest of the body, spreading damage; alpha-emitting nanoparticulates sharing a positive polarity, they are repelled by each other, hence their strongly

scattered diffusion. Even limited levels of contamination in the walls of the bowels create, for instance, an opening of the ways (because of mutual repel associated with positive charges pushing each other out and hence opening the channel) that leads to emission of malodorous gasses. Loss of miction and defecation control is a well-known effect of irradiation in general, and bowel and urinary incontinence a widespread element in Gulf War veterans – irritable bowel syndrome, in other words, finds its main explanation in alpha-emitting nanoparticulates.

Personal experience of the author, through simple observation of the Bose-Einstein condensation ^[2] from alpha-emitting nanoparticulates, i.e. bubbles, in his spit together with analysis of brain state hereafter has verily confirmed this purpose of the pituitary gland that was latent in its name (pituitary – made for spitting), as well as the other elements explained above.

Belching (see ^[3]) is a parallel phenomenon with identical purposes in situations of particularly strong internal contamination. Coughing, in the absence of bacteria or virus contamination, can be, simply, as well, a bodily reflex of accumulation to prepare for elimination through spitting of the internal contamination with alpha-emitting nanoparticulates.

Cl⁻ ions accumulation was tested maximally thanks to strict observance of the concept of ^[4] and the feeling of comfort was noted to be excellent.

The amount of bubbles in spit is proportionate with alpha-emitting nanoparticulates. The contribution of spitting to e.g. brain health can be very significant in some cases, and depletion of the effect is associated with low level of bubbles vs. the liquid phase (less than 15%...).

¹ As implied by the concept of “intestine flora” – a tiny minority of plants, in the world, are able, solely, to digest in-

sects.

Public policies attempting to simply prohibit spitting are hence useless, as they, at best, when well enforced, contribute to reducing the health of the populations, may somehow increase coffee consumption (and support coffee businesses...) but will not be duly observed by a population when the level of contamination with alpha-emitting nanoparticulates passes above a certain level. This can be compared, theoretically, with Arthur Laffer's argument on tax evasion. Spitting becomes a cerebral automatism of contamination avoidance [9].

Biomarker studies and alpha emitters in saliva

Electrical stimulation, through e.g. the proximity of appliances using electricity, improves salivation because of the natural attraction of electrons on the alpha-emitting nanoparticulates in the saliva. Another example is implicitly given in [5]. In [6] biomarkers for neurological diseases are tested in saliva, in a proposed testing protocol ; 73% of the examples indicate an *increase* in biomarker levels in saliva together with positivity for tested disease ; this touches on the simple relation between neurological disorders and internal contamination with alpha-emitting nanoparticulates (see [3] [4] [7] [8]), and the direct destructive effect of the alpha decays on cells ; saliva obviously excretes some alpha-emitting nanoparticulates together with the biomarkers carried out by these radionuclides.

The ratio of alpha-emitting nanoparticulates in saliva also affects, obviously, the testing protocols when saliva collection is used for e.g. biomedical matters. The alpha decay rate may partly or entirely destroy the chemicals sought by the researchers and hence make the test useless.

Spitting may also help avoiding toilet use

A frequent spitting intended at eliminating alpha-emitting nanoparticulates helps reducing toilet

needs as toilet need is partly related, as well, to the excretion of alpha-emitting nanoparticulates, and reducing the overall body positivity through spitting helps reducing the pressure on the sphincters. Faced with a strong level of e.g. aerial pollution with car fumes, spitting becomes a way to alleviate toilet need significantly.

The meat-pollution cycle

Increasing preoccupations with the ecological footprint of the meat industry should take into account the fact that meat eating shoulders part of the internal contamination as the stomach manages to turn the alpha decay into a destroyer of animal proteins, that the human intestine is otherwise not made for absorbing, as shown by its length – as opposed to big predators such as tigers and lions who have very short bowels. Meat eating reduces or even suppresses spitting needs because the body detects meats and spontaneously diverts the alpha emitting nanoparticulates into the digestion process. Longer term cardiovascular effects associated with meat eating are obviously related, mainly, to the fact that this leads to a facilitation of the contamination together with protein absorption in the circulatory system (see for instance ischemic stroke in [3]). Meat creates a form of immediate need for intakes of alpha-emitting nanoparticulates translated, for instance, by the demands for drinks such as beers and champagnes whose bubbly acidity derives from the presence of alpha-emitting nanoparticulates and Bose-Einstein condensation at the bottom of the recipient (the damages of alpha decays being dampened by the masses of sugars that coat them into a protective cocoon until they reach the bottom of the stomach). There can be a kind of implicit demand for air pollution with alpha-emitting nanoparticulates, radon... by meat eaters, in spite of the longer-term dangers. Meat eating reverses the short-term perception of alpha emitting

nanoparticulates, in spite of the dangers associated with longer term contamination with the % not excreted, and of the progressive increase of decay rate with natural radionucleides (linked to decay chain).

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