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To characterize the sociodemographic, clinical, therapeutic and quality of life of users of the Unified Health System with Diabetes mellitus

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ABSTRACT

Introduction: Descriptive study with a quantitative approach carried out between October 2015 and October 2016. Sampling was about 100 people with diabetes. **Objective:** To characterize the sociodemographic, clinical, therapeutic and quality of life of users of the Unified Health System with Diabetes mellitus in a Basic Health Unit (BHU) of the Rural Zone of the city of Vitória de Santo Antão. **Methods:** Two questionnaires, sociodemographic, clinical and therapeutic, and DQUOL-BRASIL, both validated, were used. **Results and discussion:** Higher prevalence of female people (75%). Of the investigators (51%) were not able to report their type of diabetes, the medication was obtained in the BHU (44%) as well as the follow-up (78%). (44%) did not receive the blood glucose strips, and (92%) did not participate in educational programs. Regarding the quality of life or impact domain, the highest mean was obtained (32.05) and the lowest for the sale of diabetes problems (6.66). **Conclusion:** It is concluded that the results obtained contribute to increase the knowledge about the factors studied, since knowing a population makes possible the development of effective health actions, considering the local specificities.

Keywords: Diabetes Mellitus, Health Profile, Quality of Life, Rural Areas.

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