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The nursing educational role in the promotion of health for chronic diseases non-transmissible

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ABSTRACT

Introduction: Health education in Primary Health Care (PHC) services is characterized by a set of knowledges and guidelines, both aimed at health promotion and disease prevention. The nurse, along with the other professionals that make up the APS, need to have a specific knowledge about the assigned area, since the act of educating will require the educator knowledge of the reality of his student. **Objectives:** To analyze nurses' practice in relation to their educational role in promoting health for chronic noncommunicable diseases. **Methodology:** Integrative review study, in the databases LILACS, SciELO, BDNF. The descriptors used were: Chronic Disease; Health education; Nursing; Role of the Nurse, Health Promotion. The collection took place on September 22 and 24, 2017. The following inclusion criteria were used: articles published between the years 2010 to 2016, in full text and written in Portuguese language, being excluded all those findings that did not contemplate the proposed theme, editorials and revisions. **Results and Discussion:** We identified 27 publications, but only 10 met the inclusion criteria. In the studies analyzed, the nurse is seen as a key point in the prevention and promotion of health .. Its performance is of total relevance, since it performs its interventions mainly by educational actions, due to its holistic perception. The nurse acts in the health education of the population, providing other actions for them to have adequate conditions for improvement, such as the stimulation of healthy habits and the use of specific and differentiated care, thus contributing to improve quality of life. **Conclusion:** It was verified that the nurse through his scientific technical knowledge is qualified to act in the health education of the population, possessing satisfactory characteristics to exercise the function of educator.

Keywords: Chronic Disease; Health education; Health promotion; Nursing; Role of the Nurse

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