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To report on experiences in the school environment aimed at health promotion and education

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ABSTRACT

Introduction: The promotion of health in the school context starts from an integral and multidisciplinary view of the human being, who considers people in their family, community, social and environmental context. Thus, health promotion actions aim to develop knowledge, skills and abilities for health self-care and prevention of risk behaviors in all educational opportunities; as well as foster an analysis of the values, conduct, social conditions and lifestyles of the individuals involved. **Objective:** to report on experiences in the school environment aimed at health promotion and education. **Methodology:** This is a descriptive study of the type of experience report of activities developed with students from a municipal school located in Jaboatão dos Guararapes in the state of Pernambuco, provided by the Health extension project at the University of Pernambuco-UPE. Throughout the project, a number of activities aimed at promoting health in early childhood education were inserted, with students from the 1st, 2nd and 3rd year of primary education during the 2016 school year. The team responsible for developing the activities was composed of academics from the health courses, linked to the extension project. **Results and Discussion:** In the school were developed educational activities of the type scenarios, drawings, videos, jokes and lectures with different themes such as: coexistence pact, personal hygiene, food and environment. The results acquired during the project were satisfactory, taking into account the students' learning after each of the activities, the results were recorded and computed in an evaluation worksheet. The experiences acquired throughout the project were extremely important, thus contributing to our academic and personal training. **Conclusion:** The experience contributed to the practical visualization of the possibilities of interventions using children's pedagogical strategies, allowing, in a playful way, to address the importance of health education in the school environment.

Keywords: Child; Health education; Teaching; Health at school

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