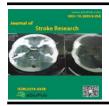
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## Interruption of Breastfeeding and Obesity: an Integrative Review

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### **ABSTRACT**

Introduction: Obesity is understood as a global epidemic due to \*Correspondence to Author: its degree of expansion in the last decades. Early Interruption of Oliveira, D.C breastfeeding, in turn, has a significant influence on the prevalence of Professora Titular da Faculdade de obesity in children and adolescents, taunting a high negative impact on Ciências Humanas de Olinda – FApublic health. Objective: Had as objective to make a literature review CHO, Brasil. to rate the association between duration of breastfeeding, relating it to risks and comorbidities of obesity. Methodology: The applied methodology consists of a review of scientific articles indexed in the databases LILACS, PubMed/ MEDLINE, BDENF and SciELO, using the terms "breastfeeding", "childhood obesity", "food introduction" How to cite this article: as the descriptor of the article and "nursing" as a word throughout Feijó, L.C.S; Oliveira, D.C. Interrupthe text without period from 2006 to 2016. Results and Discussion: tion of Breastfeeding and Obesity: Several articles on obesity and breastfeeding were found, the review it consisted of 9 scientific papers. Where 06 shows obesity and other metabolic detrimental effects in the child's body due to lack of breast milk benefits and 03 discuss inadequate nutritional practices, initiated concurrently after the early interruption of breastfeeding. Conclusion: Exclusive breastfeeding up to six months of age, as well as complementary feeding practices, allows the prevention of obesity, promoting the physical and mental health of the infants and the woman who breastfeeds, being extremely important for the growth Website: http://escipub.com/ and development of the child. Therefore, the incentive to breastfeed by the nurse should be intense, so that the children have an adequate and healthy development, since Breastfeeding, included as one of the national priorities, is considered the strategy that most prevents infant morbimortality.

**Keywords:** Childhood Obesity. Breastfeeding. Food Introduction.

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